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Prof Fan is Professor and Director of the Center for Fatty Liver and the Department of Gastroenterology at Xinhua Hospital, Shanghai Jiao Tong University School of Medicine, China. He is also the Principle Investigator of the Shanghai Key Lab of Pediatric Gastroenterology and Nutrition as well as Editor-in-Chief of the Chinese Journal of Practical Hepatology. Prof Fan is a member of the editorial board of more than 20 journals and he is also a peer-reviewer for many other major journals. His activities include clinical care, research and teaching of Gastroenterology and Hepatology. His main research interests are in the fields of metabolic syndrome and chronic liver diseases.

Emerging role of hepatoprotective treatment options

What you will learn:

NAFLD is characterized by steatosis related to over-nutrition and insulin resistance:

- Lifestyle modifications can be effective; however, they are difficult to achieve and sustain.
- The term 'metabolic associated fatty liver disease' (MAFLD) has been proposed as an alternative nomenclature to NAFLD, and this redefinition may allow for sub-stratifying of patient phenotype.