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Chief physician, professor, and assistant director of Peking University Hepatology Institute. She is also deputy director of the scientific research department and deputy director of the clinical trial institution in Peking University People's Hospital.

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Prof Rao carried out her medical and research training at Peking University Health Science Center before being appointed as lecturer in infectious diseases in 2006. Her research interests are in clinical management of viral hepatitis, fatty liver diseases and cirrhosis.

What does a NAFLD patient journey look like? Importance of HR-QoL

What you will learn:

What is the NAFLD patient journey in China:

- There is poor awareness of NAFLD in China.
- NAFLD has a detrimental effect on patients' quality of life, with significant negative associations between HR-QoL and clinical factors including BMI, disease severity, cardiovascular disease etc.
- A large multi-centre study which has identified areas we need to improve in the care of these patients regarding HR-QoL.