



Prof Marek Hartleb

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Prof Hartleb is the Head of the Gastroenterology and Hepatology Department at the Medical University of Silesia in Katowice. He is also member of the Main Board of the Polish Gastroenterological Society (PTG-E) and Head of Expert Group of NAFLD Section of PTG-E. Prof Hartleb is currently Chairman of the Faculty's Scientific Committee, as well as a member of the Scientific Council for the following magazines: Gastroenterological Review, Medical News, Post-Diploma Medicine, World Journal of Gastroenterology and NA Rescue. His research interest is nonalcoholic and fatty liver diseases.

Therapeutic approaches for NAFLD

What you will learn:

- Dietary and lifestyle changes are advised to control NAFLD often with no other treatment.
- Therapeutic approaches used in NAFLD are normally directed towards the existing comorbidities such as dyslipidemia, hypertension, diabetes.
- The importance of treating NASH with liver-directed therapies when so few are currently available due to insufficient evidence of efficacy or unfavourable safety profiles.
- Discuss the drugs which are currently in Phase 3 trials to treat NASH.