

# SIRIUS project – Insights from a population-wide liver disease screening program in Slovakia

Prof. Lubomir Skladany  
F.D. Roosevelt University Hospital, Banská Bystrica, Slovakia



## SIRIUS project: A population-wide liver disease screening program in Slovakia

### WHY



**Slovakia**

Slovakia is the country with highest age standardised prevalence of decompensated cirrhosis<sup>1</sup>



Liver disease is the leading cause of death among 25–54-year-olds in Slovakia<sup>2</sup>

### WHO

#### SIRIUS project<sup>3</sup>

Opportunistic screening of adults

#### SIRIUS Amb

SIRIUS outpatient clinics

Volunteering doctors screen stable patients from preventive check-ups

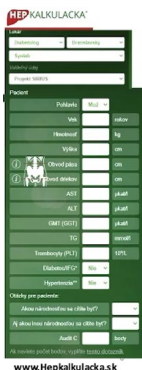
#### SIRIUS Com

SIRIUS community

Volunteering group travel and examine people without known liver disease

### HOW

#### SIRIUS Amb<sup>3</sup>



#### HEPCalculator app for patient data input on

- Type of output clinic
- Region
- Sex
- Age
- Anthropometry (including WHR)
- Lab (FLI, FIB-4)
- MetSy
- Ethnicity
- AUDIT-C
- Stool samples (microbiome analysis)

#### SIRIUS Amb output

- Number of HEPCALC data: 3000 (analyzed <1000)
- Liver test: 20%
- Steatosis (FLI >60): 41% (20–60)
- Fibrosis (FIB-4 >3.26): 10% (0.8–11)

#### SIRIUS Com output (Interim results)

27 sites covered

- 2470 subjects X 100 recorded variables (on lifestyle, social context, health questionnaire; demography, anthropometry, labs, fibroscan™, microbiome)
- Elevated liver enzymes: 20%; Steatosis (CAP >250 dB/m): >50%; Fibrosis (TE >8 KPa): >12%

#### SIRIUS Com<sup>3</sup>



Travel to 3 regions and 6 sociomes



Record SIRIUS envelop



Measure anthropometry



Coffee, picture and bye



TE and CAP



Lab work with blood and stool

- SIRIUS project has 2 arms or methodologies for fibrosis screening
- SIRIUS project provides data/power for WHO criteria of universal screening
- SIRIUS project is in operation for 2 years and planned to continue