



EPLs have multiple cellular and sub-cellular functions¹

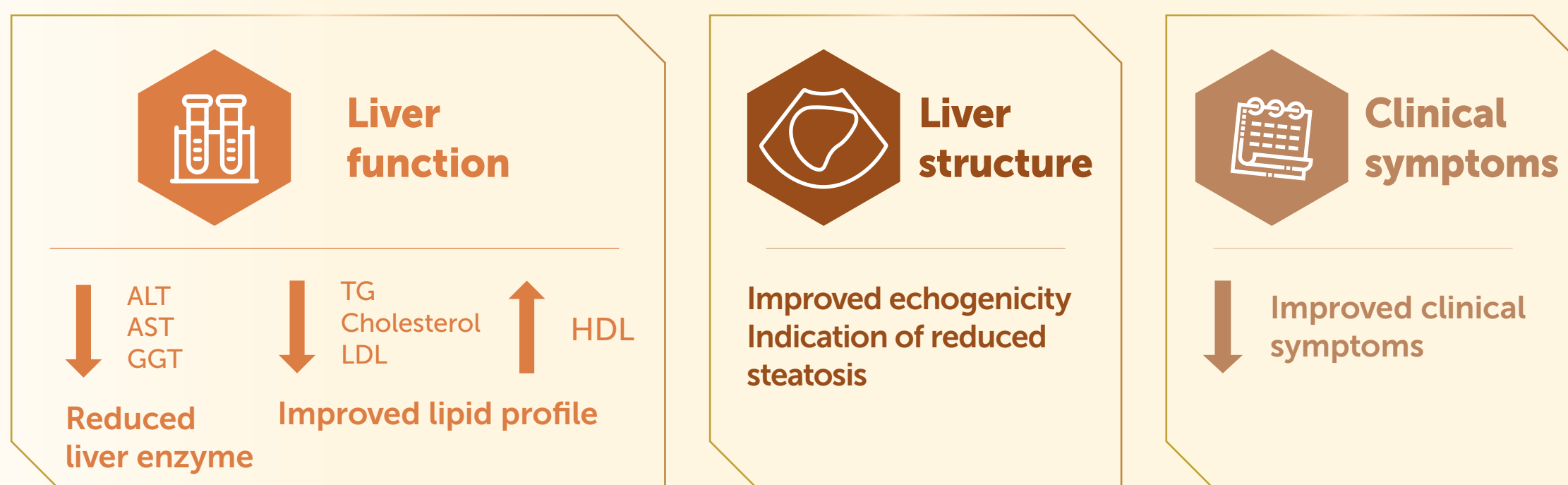
Including: metabolic effects, liver detoxification, anti-inflammatory & anti-oxidant properties etc.¹

Making them an effective **hepatoprotective agent**.²



A recent systematic review and network meta-analysis³

Demonstrated that in NAFLD with metabolic comorbidities EPLs :



Supporting results from previous clinical studies



in patients with T2DM and NASH.⁴

in patients with ALD.⁵

Conclusion

EPLs are widely used in liver diseases due to their **hepatoprotective effects**. They **enhance the management** of **NAFLD** and **metabolic comorbidities, ALD & NASH**.

ALD = Alcoholic liver disease. EPLs = Essential phospholipids. NAFLD = Non-alcoholic fatty liver disease. NASH = Non-alcoholic steatohepatitis. T2DM = Type 2 diabetes mellitus.

References

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